

WEIGHT WATCHERS MEETINGS START NOW

Get ready to be inspired by a trained leader and learn the *PointsPlus*® program to help you lose weight and keep it off.

Jennifer Hudson



IT'S A
NEW
DAY

New 10-week Series Begins Wednesday, February 22!

Renewing members should register on-site 02/22/2011. If you are a new member or plan to attend at another location, register two weeks in advance through Employee Wellness.

Meetings are held every Wednesday Downtown:

Bank of America Building

33 N. Stone Ave, 10th Floor Public Defender Conference Room

Weigh-in: 11:45 am to 12:15 pm

Meeting: 12:15 pm – 12:45 pm

More information at: www.pima.gov/hr/health/weightwatchers.html

Each 10 week series is:

- \$0 Enrollment
- \$120 program fee (no amex)

Pima County Employees with Pima County UnitedHealthcare insurance are eligible for a \$60 Target or Weight Watchers gift card at the end of each series when losing 5 or more pounds and attending 9 out of 10 weigh-ins.