

# Choosing The Right Health Setting

## Urgent Care Centers:

### Concentra Urgent Care

2005 W. Ruthrauff Rd., Ste 111 (E. of La Cholla Blvd.)  
Tucson, AZ 85705 (520) 293-7250  
Mon – Fri 8a-5p

3402 E. Broadway Blvd. (E. of Country Club Rd.)  
Tucson, AZ 85716 (520) 881-0050  
Mon – Fri 8a-5p

4600 S. Park Ave. Ste. 5 (S. of Ajo Way)  
Tucson, AZ 85714 (520) 889-9574  
Mon – Fri 7a-8p ~ Sat & Sun 8a-4p

### El Dorado Urgent Care

1400 N. Wilmot Rd. #110 (N. of Speedway Blvd.)  
Tucson, AZ 85712 (520) 884-4999  
Mon - Sun 9a-8p

### Nextcare Urgent Care

**Information Line: 1-888-381-4858**

6238 E. Pima St. (W. of Wilmot Rd.)  
Tucson, AZ 85712

Mon – Fri 8a–8p ~ Sat & Sun 8a-8p

4280 N. Oracle Rd., Ste. 100 (S. of Wetmore Rd.)  
Tucson, AZ 85705

Mon - Fri 8a-8p ~ Sat 8a-2p ~ Sun 8a-4p

9525 E Old Spanish Trl, Ste. 101 (N. of 22<sup>nd</sup> St.)  
Tucson, AZ 85748

Mon - Fri 8a-8p ~ Sat & Sun 8a-4p

5369 S. Calle Santa Cruz, Ste. 145 (N. of Drexel Rd.)  
Tucson, AZ 85706

Mon - Fri 8a-12a ~ Sat & Sun 8a-12a

501 N. Park Ave., Ste. 110 (N. of 6<sup>th</sup> St.)  
Tucson, AZ 85719

Mon - Fri 8a-8p ~ Sat & Sun 8a-2p

### Northwest Medical Center Urgent Care

**Information Line: 469-8295**

13101 N. Oracle Rd. (Oracle & Rancho Vistoso)  
Tucson, AZ 85739 (520) 818-2000  
7 days 8a-7p

4001 E. Sunrise Dr. (Hacienda del Sol & Sunrise)  
Tucson, AZ 85718 (520) 209-7000  
7 days 9a-7p

8333 N. Silverbell Rd. (Silverbell & Continental Reserve)  
Marana, AZ 85743 (520) 202-7700  
7 days 9a-7p

3870 W. River Rd. (Orange Grove & Thonydale )  
Tucson, AZ 85741 (520) 219-6616  
7 days 9a-8p

1295 W. Duval Mine Rd. (in Sahuarita Palms Plaza)  
Green Valley, AZ 85614 (520) 399-2027  
7 days 8:30a-7:30p

### Urgent Care Associates

1622 N. Swan Rd. (S. of Pima St.)  
Tucson, AZ 85712 (520) 795-8888  
Mon – Fri 9a-9p ~ Sat & Sun 9a-6p

9348 E. Rita Rd. (W. Houghton Rd.)  
Tucson, AZ 85747 (520) 382-8000  
Mon – Fri 12p-8p ~ Sat only 10a-4p

## Primary Care Physician

It is best to go to your doctor if it is not urgent. He knows your health history, can access your medical records, provide follow-up care or refer you to specialists.

## Urgent Care Center

You may want to go to an Urgent Care Center if your PCP is not available and you need care fast. There is a good chance you won't wait as long and pay less than going to Emergency Room. You can be seen at an Urgent Care Center for:

- Sprains
- Strains
- Minor Broken Bones (example: finger)
- Minor Infections
- Small Cuts
- Sore Throats
- Rashes

## Convenience Care Clinics such as

**MinuteClinic & Take Care Clinic** are a convenient alternative for simple health services where no appointment is needed, wait time may be less and the overall cost may be lower. (See reverse side for listing.)

## Emergency Room

**Going to the Emergency Room is not always the best choice. True emergencies are treated first and other cases must wait – sometimes for hours and it will cost you more.** Go to the Emergency Room for:

- Heavy Bleeding
- Large Open Wounds
- Sudden Change in Vision
- Chest Pain
- Sudden Weakness or Trouble Talking
- Major Burns
- Spinal Injuries
- Severe Head Injury
- Difficulty Breathing
- Major Broken Bones

**Emergency Room Services are always the most expensive option. Choose wisely based on your circumstances. Not sure? Call Care24 at 1-888-887-4114.**

# Choosing The Right Health Setting (Continued)

## Convenience Clinics

### MinuteClinics inside CVS:

- 1900 W. Valencia Rd. (@ Headley Rd.)  
Tucson, AZ 85746 (520) 807-2288
- 2601 S. Houghton Rd. (@ Golf Links Rd.)  
Tucson, AZ 85730 (520) 751-8523
- 3785 W. Ina Rd. (@ Thornydale Rd.)  
Tucson, AZ 85741 (520) 744-1054
- 3832 E. Speedway Blvd. (@ Alvernon Way)  
Tucson, AZ 85716 (520) 323-3923
- 4365 N. Oracle Rd. (@ Wetmore)  
Tucson, AZ 85705 (520) 407-2127
- 8920 E. Tanque Verde Rd. (@ Bear Canyon Rd.)  
Tucson, AZ 85749 (520) 760-9188

#### Clinic Hours:

Mon – Fri: 8:00a to 7:00p (lunch 1:00-2:00p)  
Sat: 9:00a to 5:30p (lunch 1:00-1:30p)  
Sun: 10:00a to 5:30p (lunch 1:00-1:30p)

**www.minuteclinic.com or  
1-866-389-2727**

### Take Care Clinics inside Walgreens:

- 10405 La Canada Dr. (@ Lambert Ln.)  
Tucson, AZ 87737 (520) 297-5934
- 2150 W. Orange Grove Rd. (@ La Cholla Blvd.)  
Tucson, AZ 85741 (520) 544-9480
- 7800 N. Cortaro Rd. (@ Silverbell Rd.)  
Tucson, AZ 85743 (520) 572-8699
- 10315 E. Broadway Blvd. (@ Houghton Rd.)  
Tucson, AZ 85748 (520) 886-2108
- 3910 E. 22nd St. (@ Alvernon Way)  
Tucson, AZ 85711 (520) 745-2277
- 2180 W. Grant Rd. (@ Silverbell Rd.)  
Tucson, AZ 85745 (520) 620-1088
- 6767 E. Broadway Blvd. (@ Kolb Rd.)  
Tucson, AZ 85710 (520) 290-0958

#### Clinic Hours:

Mon– Fri: 8:00a to 7:30p (lunch 1:30–2:30p)  
Sat & Sun: 9:30a to 5:00p (lunch 1:30-2:30p)

**www.takecarehealth.com or  
1-866-825-3227**

### What a Convenience Clinic Can Treat:

#### Common Illnesses

Common Colds, Fever, Coughs  
Sore Throat, Strep Throat  
Ear infection, Sinus infection  
Bladder Infection, Bronchitis  
Allergies, Laryngitis, Pink Eye, Styte  
Diarrhea, Nausea, Vomiting

#### Skin Conditions

Acne, Cold Sores, Sunburn  
Skin infections, Skin Rashes, Minor Burns  
Athlete's Foot, Ringworm  
Poison Ivy, Poison Oak  
Impetigo, Shingles, Scabies  
Tick Bites, Insect Bites  
Wart Removal, Skin Tag Removal

#### Additional Services

Ear Wax Removal, Suture Removal  
Sprains, Wound Care  
Flu Diagnosis, Mononucleosis  
Pregnancy Testing, TB Testing  
Motion Sickness Prevention

#### Vaccines

DtaP, Tdap, Td, MMR  
Hepatitis A and Hepatitis B (adult & child)  
Meningitis and Polio  
Flu (seasonal) and Pneumonia

#### Wellness & Prevention

Camp Physicals, Sports Physical  
Cholesterol Screening, Hypertension Screening  
Diabetes Screening, Obesity Screening  
Health Screening Package, Smoking Cessation

#### Questions?

**Call UnitedHealthcare Care24 at 1-888-887-4114 and get immediate answers to your health and well-being questions from a Registered nurse – 7 days a week, 24 hours a day.**