

Jennifer Billa is the new Wellness Program Manager for Pima County. She holds a Bachelor's Degree in Public Health Promotion from Northern Arizona University. She has previously worked in the Health Department with the county as a Nutrition Specialist for the Women Infants and Children (WIC) program and is an International Board Certified Lactation Consultant. During her undergraduate study, she interned under the direction of Andrea Lightfoot and has helped develop and implement the annual Summer Slim Down Contest which is now held every June to August. She also developed and taught a variety of health workshops and assisted with the annual health fair.

Jennifer has a passion for being active and can be frequently seen at the weekly fitness class's downtown. Although she does not currently hold a certification as a Fitness Instructor, one of her goals in the future is to teach yoga or kickboxing classes for Pima County employees. She is happily married with one beautiful daughter and will be expecting their second daughter at the end of January, 2012.

Living a healthy lifestyle is important to Jennifer because she believes it keeps her happy and able to keep up with all of life's daily challenges at home and at work. She believes prevention and awareness are important factors for any successful wellness program and looks forward to working with the county employees to achieve their health goals.